## WLV SPORT



## SOCIAL SPORT

Badminton Football Basketball Futsal Sports Centre, City 3G Pitch, Walsall Sport Centre, Walsall Sports Centre, City 1.1.55pm 4-4.55pm 4-5.55pm 5-6.55pm

## BUCS - COMPETITIVE SPORT

Men's Badminton Men's Futsal

Sports Centre, City Sports Centre, Walsall 3-5pm 3-5pm

## **GYM**

WLV HIIT
Open Gym
Functional Fit
Flex & Stretch
Open Gym
HIIT Abs
Pilates
Total Body Fitness

Sports Centre, Walsall Sports Centre, Walsall Sports Centre, Walsall Sports Centre, Walsall Sports Centre, City Sports Centre, City Sports Centre, Walsall Sports Centre, Walsall 7-7:45am 12-2 & 7-9pm 9:30-10.15am 12:15-12:55pm 12-2 & 6-8pm 12:15-1pm 1-1:55pm 6-6:55pm



