# WLV SPORT THURSDAY 26TH SEPTEMBER

#### SOCIAL SPORT

Indoor Cricket

Sports Centre, City

4-4.55pm

### COMPETITIVE SPORT

Women's Basketball Men's Basketball Women's Netball Men's Football Men's Futsal

Sports Centre, City Sports Centre, Walsall Sports Centre, Walsall 3G Pitch, Walsall Sports Centre, Walsall

2-4pm 3-5pm 3-5pm 3-5pm 7-8.30pm

## GYM

Bootcamp Open Gym Abs Blast **Pilates** Open Gym Cardio Abs Yoga **WLV HIIT** 

Sports Centre, Walsall Sports Centre, Walsall Sports Centre, Walsall Sports Centre, Walsall Sports Centre, City Sports Centre, City Sports Centre, Walsall Sports Centre, Walsall

7-7:55am 12-2 & 7-9pm 10-10.30am 1-1.55pm 12-2 & 6-8pm 12:15-1pm 5:15-6:10pm 7-7:30pm



