## WLV SPORT

# MONDAY 16TH SEPTEMBER

#### SOCIAL SPORT

Badminton Badminton Sports Centre, Walsall Sports Centre, City

5-5.55pm 5-5.55pm

### BUCS - COMPETITIVE SPORT

Men's Football
Mixed Touch Rugby
Women's Football
Women's Netball
Women's Basketball
Men's Basketball

3G Pitch, Walsall Walsall RUFC 3G Pitch, Walsall Sports Centre, Walsall Sports Centre, CIty Sports Centre, Walsall

7-9pm 6-8pm 4-6pm 6-8pm 6-8pm 7-9pm

### GYM

Circuits
Open Gym
Cardio & Abs
Circuits
Open Gym
Pilates
Legs, Buns & Guns

Sports Centre, Walsall Sports Centre, Walsall Sports Centre, Walsall Sports Centre, City Sports Centre, City Sports Centre, Walsall Sports Centre, Walsall 7-7:55am
12-2 & 7-9pm
9:30-10.25am
12:15-1pm
12-2 & 6-8pm
5-6.55pm
7-7:45pm



